

Books (required and recommended)

Clarkson, P., & Mackewn, J. (1993). *Fritz Perls*. SAGE Publications.

Feder, B. (2013). *Gestalt Group Therapy*. A Practical Guide. Ravenwood.

Kepner, J. (1997). *Body Process. A Gestalt Approach To Working With The Body In Psychotherapy*. Atlantic Press.

Korb, M. P. et al (2005). *Gestalt Therapy. Practice and Theory*. SAGE Publications.

Polster, E. & Polster, M. (1974). *Gestalt Therapy Integrated. Contours of Theory and Practice*. Random House.

Kolmannskog, V. (2018). *The Empty Chair. Tales from Gestalt Therapy*. Karnac.

Parlett, M. (2005). Contemporary Gestalt Therapy: Field Theory. In A. L. Woldt & S. M. Toman (Red.), *Gestalt Therapy. History, Theory, and Practice* (s. 41—63). SAGE Publications.

Skottun, G. & Krüger, Å. (2021). *Gestalt Therapy Practice. Theory and Experiential Learning*. Routledge.

Wollants, G. (2012). *Gestalt therapy: Therapy of the situation*. SAGE Publications.

Zinker, J. C. (1978). *Creative Process in Gestalt Therapy*. Vintage Books.

Articles

[Beisser, A. \(2004\). The Paradoxical Theory of Change. In: Fagen & Shepherd, *Gestalt Therapy Now*. HarparColophon. The Paradoxical Theory of Change.](#)

[Milum, L. \(undated\). The Hero's Journey: A Campbellian Look at the Metaphorical Path to Personal Transformation.](#)

English-language articles will be added to the curriculum.

