

Føler du på ensomhet under corona pandemien, kanskje spesielt over Juletiden og tenger noen å snakke med ? Her er en liste over NGI studenter som tilbyr SiO medlemmer gratis samtale terapi under Corona pandemien. Do you feel lonely in these difficult times? Especially with the christmas holidays coming up, and would like somebody to talk to? Below is a list of students from the Norwegian Gestalt Institute that offer free therapy during the Corona pandemic.

Klasse	Navn/Name	Etternavn/Surname	Mobil	Epost/Email	Nettside/Website	Språk/Language
4B	Kinga Helena	Kondratowicz	(+47) 45 09 45 00	kinga.helene@gmail.com	www.naturaltherapies.no	polish- norwegian-english
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2a	Nina	Koppelow Braun	97 50 73 17	ninabraun70@gmail.com	-	norwegian
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2a	Claudia	Talgo	(+47) 99540224	cstalgo@gmail.com	https://www.facebook.com/talgocoach	Norwegian, English, German
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2a	Jane	Løken	(+47) 91 37 95 43	janeloeken@outlook.com		Norwegian, english
2a	Inger Elisabeth	Merli	(+47) 41 90 46 53	merli@start.no		Norwegian, forstår godt engelsk og tysk - kan ha litt oppstartsproblemer med å snakke
2a	Isadora	Pacheco-Rivas	92 69 99 73	isadora.pacheco.rivas@gestalt.no		Norwegian/Spanish/English
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	Vanessa	Aleksandersen	94 25 10 08	ykaleksandersen@gmail.com	www.vanessaaleksandersen.no	Norsk/Engelsk

Tilgjengelighet/Availability	Litt om deg/Somthing about the therapist/Coach
Torsdager kl 9:00-14:00/ Thursdays 9:00-14:00	Gestalt therapist-student, Mindfulness and Meditation teacher, Holistic Healer. Born in Poland, living in Norway last 20 years
By request	Gestalt coaching student, living in Fredrikstad. Have experience with online therapy.
By request	
By request	Gestaltcoach student, living in Oslo, working in tech. Have experience with online therapy.
By request	Gestaltcoach student, living in Oslo, working in advertising. Have experience with online therapy. Have lived in Spain, Venezuela and UK.
On request, also evening/weekend	Gestalt coaching student, living in Oslo, with experience in coaching, leadership, university life. Background in university administration. Options also include online, or maybe combined with a walk?
By request	Gestalt coaching student, leaving in Oslo, working in marketing. I have lived, worked and studied in Australia, the US and Indonesia (Bali), so know how it feels to live far from friends and family. just send me a message and we can have a chat to see if its a fit :)
By request	Gestalt coaching student, living in Oslo. Experienced in coaching for 17 years for employees and leaders both in private companies and in public sector, covering a wide variety of themes and situations.
	Gestalt coaching student, living in Nordre Follo - outside Oslo. At work Im a leader in a kindergarden - and I love the nature.
By request, also evening/weekend	Gestalt coaching student, living in Stabekk and Sørumsand. I also work as a HR business Partner. 10 years of experience with leadership. Mother of 3, born in Chile, lived in Norway for 34 years.
By request, also evening/weekend	Gestalt coaching student.
By request	Gestalt coaching student, living in Oslo. Working part time as a Yoga, meditation and mindfulness teacher, with a love for music, dance and art.
Wednesdays and thursdays 09-12	Mother of 3, have travelled and lived in Asia and Latin America. Have had private practice for 1 year in Bærum. Have experience with online therapy.
Ta kontakt for å avtale tid!	utdannet billedkunstner, jobber med ungdom, erfaring fra psykiatri,
Torsdager fra kl.10-15/Thursday from 10-15	Mother of 2, born in Spain, Norwegian parents, lived in Switzerland and UK. Have had private practice for 1 year in Oslo and Jessheim. Have experience with online therapy.
Ukedager dagtid 9-15 (mulighet på kveldstid)	Gestaltterapistudent
Onsdager fra kl 13:00-18:00 VESTFOLD	
Onsdager fra 10-16 Sandvika	
Mandager fra 16 i Sandvika og Tirsdager fra 16 på Nesodden Gestaltterapistudent	
On request, also evening/weekend	Gestalt coaching student, living in Oslo. Experience in coaching, teamleadership, change management. International background, both private and professionally
Mandag, tirsdag, onsdag kl. 10-13 (Online)	
Tirsdag, torsdag (Oslo sentrum)	
By request, also evening/weekend	Gestalt therapy student, living in Åsgårdstrand, working in media. Have experience with online therapy.
By request	Gestalt therapy student. Have experience with online therapy. I'm an art historian with love for mindfulness, philosophy and nature.
etter forespørsel	Gestaltterapi student.
Etter forespørsel/By request	Gestalt therapy student, living in Moss now after 20 years in Oslo. Have travelled alot specially in France and Italy. (have lived 6 month in France) Have experience with online therapy
Etter forespørsel/By request	Gestalt student, 49-years-old, male, father and Team leader at work. Lived in Australia, Canada and USA. I am a good listener and willing to support you through a difficult time.
Etter forespørsel/By request	Gestalt therapy student, living in Nøtterøy. Lived in London for three years whilst studying graphic design. Have experience with online therapy.
Etter forespørsel/By request	Gestalt coaching student, living in Oslo. Former journalist, now communication advisor in a research institute
Etter forespørsel/By request	Gestalt therapy student, born in Chile, living in Oslo since 1987. Working as an accountant in realstate.
Etter forespørsel/By request	Gestalt coach, and Gestalt therapy student. I have private practice in Asker and I have experience with online therapy. Long experience with relational work.
Etter forespørsel/By request	47 years old gestalt therapy student. Living in Asker. In my free time I love walking in the mountains. If you need someone to talk to, you are welcome to contact me.
Etter avtale / To be agreed	Multinational Norwegian, French, German, Scottish. International commercial professional background.